

EVERYDAY HEROES – 2026-2027 Season 5 Episode Descriptions

EPISODE 501

8-29-26

Everyday Heroes kicks off a new season by profiling a unique approach to education at Opportunity Central in Forney, Texas as kids get a combination of traditional education along with valuable hands-on experience. Also featured is an in-depth look at the National Teachers Hall of Fame in Wichita, Kansas.

Markets of Interest: Dallas/Ft. Worth, Wichita KS

EPISODE 502

9-05-26

The month of September starts with the heartwarming story of the Challenged Athletes Foundation, a non-profit dedicated to helping the disabled compete in the sports they love. Also on the show is New England Patriots Pro Bowl Cornerback Christian Gonzalez giving back to his hometown high school in Texas.

Markets of Interest: San Diego, Boston

EPISODE 503 - 9-11 Special

9-12-26

Everyday Heroes takes viewers back to the darkest day on American soil with an entire show dedicated to the 25th anniversary of 9-11 with revealing interviews from those who experienced that tragic day first-hand.

Markets of Interest: New York City

EPISODE 504

9-19-26

In celebration of Hispanic Heritage Month, we introduce Jacob Parra, the youngest President of the Hispanic American Foundation History. September is also National Childhood Cancer Awareness Month and we'll have the story of Lucy Krull - a recent high school graduate in Tennessee who has overcome cancer to start her own foundation, Go Lucy Go!

Markets of Interest: Tulsa, Memphis

EPISODE 505

9-26-26

As Hispanic Heritage Month continues, we'll feature the inspirational story of Ellen Ochoa, the first latina astronaut. Also featured is Fred Griffin, a National Point of Light Honoree whose volunteer work in Orlando, Florida has made a positive impact on his community.

Markets of Interest: San Diego, Orlando

EPISODE 506

10-3-26

We start the month of October with a visit to inner city Chicago where the Jason Heyward Baseball Academy is providing opportunities for youth who otherwise would not have an opportunity to participate in sports. Also featured is the Annietober Foundation where a grieving mom has turned her focus to saving lives fueled by her daughter's memory.

Markets of Interest: Chicago, New York City

EPISODE 507 - Breast Cancer Awareness Month

10-10-26

October means Pink Ribbons and we will feature a brave survivor and take a historical look back at how the Komen Foundation was founded and continues to help find a cure for breast cancer. Also featured is Raquel's Wings, a non-profit organization that flies cancer patients to MD Anderson in Houston, free of Charge.

Markets of Interest: Dallas-Ft. Worth, Houston

EPISODE 508

10-17-26

As Breast Cancer Awareness Month continues, we profile multiple survivors across the US who share their journey of survival and how they're paying their good fortune to others by leading support groups.

Markets of Interest: Atlanta, Memphis, San Diego

EPISODE 509

10-24-26

On this week's episode we take a look back at the Beirut Bombings and the American Brother Foundation that grew out of the death of USMC Marine Sergeant Mecot Camara. Also featured is the story of Abbi's Cup where a grief-stricken father honors his daughter while raising awareness for mental health in girls soccer.

Markets of Interest: Charleston, West Virginia, Houston

EPISODE 510

10-31-26

We close out the month of October with a special look at Walkin and Rollin, a popular non-profit organization that builds costumes for children whose mobility is limited to walkers and wheelchairs.

Markets of Interest: Kansas City

EPISODE 511 - Veterans Day Special

11-7-26

Everyday Heroes Veteran's Day Special is dedicated to the men and women of our Armed Forces. This episode provides great insight as to how this day became a Federal Holiday and includes the inspiring story of Medal of Honor Recipient Mark Chapman.

Markets of Interest: Boston, Washington D.C.

EPISODE 512

11-14-26

In this episode we honor Native American Month with a retrospective look at Wilma Mankiller, the first woman to lead the Cherokee Nation. Also on the show is a look back at World War I Pilot and Business Leader Eddie Rickenbacker.

Markets of Interest: Oklahoma City, Cleveland

EPISODE 513

11-21-26

In honor of National Homeless Awareness month, Everyday Heroes has the heartwarming story of Off-Road Outreach. This Non-Profit Organization helps our homeless veterans find refuge in North Carolina.

Markets of Interest: Raleigh-Durham, North Carolina

EPISODE 514 - Thanksgiving Special

11-28-26

Thanksgiving Weekend features Boston native Bill Duncan, a faithful servant at a Friday Night Soup Kitchen whose service has earned recognition for his steadfast work over the last 15 years.

Markets of Interest: Boston

EPISODE 515

12-5-26

Everyday Heroes features some of our country's most heroic figures along with a look back at the events from Pearl Harbor on December 7th, 1942 and a feature on Doris Miller, the first black recipient of the Navy Cross.

Markets of Interest: Honolulu, Waco

EPISODE 516

12-12-26

On this episode Everyday Heroes pays a visit to Pennsylvania for a feature on the So Much to Give Cafe, a one-of-a-kind cafe staffed by young men and women with special needs.

Markets of Interest: Philadelphia

EPISODE 517 - Holiday Special

12-19-26

As Christmas approaches, we meet the man behind the popular Wreaths Across America campaign, a volunteer-driven initiative to put wreaths on the headstone of deceased veterans throughout America. Also featured is the Salvation Army and the Kroc Center in San Diego, California.

Markets of Interest: San Diego, Bangor, Maine

EPISODE 518 - Year End Special**12-26-26**

Everyday Heroes presents the best stories of 2026, from a Navy Seal turned Astronaut to a 100 year old veteran survivor of World War II and much more, the Year End Special features the best of the best!

Markets of Interest: Boston, Oklahoma City

EPISODE 519 - New Years Special

1-2-27 New Orleans native Burnell Cotlon is featured for his dedication to his community as he spent his entire life savings to build a grocery store in the Lower 9th Ward after Hurricane Katrina. Also on the show is Dr. Drew Ramsey, a New York Times Bestselling Author who shares his thoughts on a healthy lifestyle.

Markets of Interest: New Orleans, Casper, Wyoming

EPISODE 520**1-9-27**

In recognition of Human Trafficking Awareness Month, Everyday Heroes explores the challenges of this epidemic with a visit to Unbound Now in Fort Worth, Texas. Viewers will also meet Yuri Williams, a man whose passion for helping sick children was fueled by losing his mother to Cancer.

Markets of Interest: Dallas/Ft. Worth, Los Angeles

EPISODE 521**1-16-27**

This episode of Everyday Heroes focuses on the contributions of Dr. Martin Luther King as well as an in-depth look at an all-volunteer ski patrol saving lives in Steamboat Springs, Colorado.

Markets of Interest: Washington D.C., Birmingham, Denver

EPISODE 522**1-23-27**

Everyday Heroes features some of our country's most heroic figures with a special feature on International Holocaust Remembrance Day.

Markets of Interest: Dallas/Ft. Worth

EPISODE 523

1-30-27

Everyday Heroes features some of our country's most heroic figures with a special feature on the Special Olympics in Kansas City, Missouri.

Markets of Interest: Kansas City

EPISODE 524 - Black History Month

2-6-27

Everyday Heroes kicks off Black History Month with a revealing look at the early contributions to our military by trailblazing men of African-American descent. Also featured is Jack Trice, the first African-American football player at Iowa State and the only player to have a stadium named after him.

Markets of Interest: Ames, Iowa

EPISODE 525 - Valentines Weekend

2-13-27

In this episode we share the legacy of the Love Kitchen, a beloved nonprofit in Knoxville, Tennessee where dedicated volunteers are carrying on a decades-long mission of compassion in the community. Also featured is Tim Tebow's popular Night to Shine Program.

Markets of Interest: Knoxville

EPISODE 526

2-20-27

Brothers in Arms is the focus of this week's show as we profile legendary Quarterbacks Warren Moon, Vince Young and Andre Ware as they rally together to help talented student-athletes in low-income areas with college scholarships.

Markets of Interest: Houston

EPISODE 527

2-27-27

Everyday Heroes will wrap up Black History Month with a feature on the historic contributions of the Tuskegee Airmen plus a visit to the Roy Leblanc Rodeo - the first all black cowboy rodeo in America.

Markets of Interest: Birmingham, Mobile, Oklahoma City

EPISODE 528

3-6-27

March is National Reading Month and we'll have an in-depth look at Dolly Parton's Imagination Library and find out why it's her favorite cause.

Markets of Interest: Nashville

EPISODE 529

3-13-27

Markets of Interest: Boston, Portland

EPISODE 530

3-20-27

Medal of Honor Day is the focus of this week's show, featuring interviews with Medal of Honor Recipients Patrick Brady and James McCloughan.

Markets of Interest: Detroit, Pierre, South Dakota

EPISODE 531

3-27-27

Inspirational figures from across America is the theme of this week's show.

Markets of Interest: Houston

EPISODE 532

4-3-27

April is National Volunteer Month and Points of Light has been promoting volunteerism to help strengthen communities since it's inception in 1990 under the direction of George H.W. Bush.

Markets of Interest: Washington D.C.

EPISODE 533

4-10-27

As Major League Baseball returns to action we look at the trailblazing accomplishments of one of our country's great heroes, Jackie Robinson.

Markets of Interest: New York City, Los Angeles

EPISODE 534

4-17-27

Inspirational figures from across America is the theme of this week's show.

Markets of Interest:

EPISODE 535

4-24-27

Inspirational figures from across America is the theme of this week's show.

EPISODE 536 - Military Appreciation Month

5-1-27

In honor of Military Appreciation Month we have the heroic story of Medal of Honor Recipient James McCloughan of South Haven, Michigan native James McCloughan.

Markets of Interest: Grand Rapids, Michigan

EPISODE 537

5-8-27

The “Stamp Out Hunger” program from the US Postal Service takes center stage as this popular program annually creates the largest food bank for one day each May when supply typically dwindles.

Markets of Interest: Tulsa

EPISODE 538

5-15-27

May is First Responder Month, this episode gives viewers a special look at the Black Fire Brigade in Chicago, Illinois where Fire Chief Quenton Curtis has earned high praise by helping to keep at-risk youth off the streets by offering opportunities to become a First Responder.

Markets of Interest: Chicago

EPISODE 539

5-22-27

As First Responder Month continues we're in New York to feature Tunnel to Towers, one of our country's most well-respected non-profits, best known for raising millions of dollars for families of fallen soldiers and 1st Responders.

Markets of Interest: New York

EPISODE 540 - Memorial Day Special

5-29-27

On this week's show, Memorial Day weekend is the focus with stories centered on Folds of Honor and Audie Murphy, the most decorated soldier in the history of our Armed Forces.

Markets of Interest: Washington D.C.

EPISODE 541 - D-Day Special

6-5-27

This Episode pays homage to D-Day and the sacrifices that were made to help America win WWII.

Markets of Interest:

EPISODE 542

6-12-27

Everyday Heroes takes viewers to Southern California for an in-depth look at Whispering Winds, an adaptive camp for kids with special needs. We'll also pay a visit to the GI Museum in College Station, Texas where visitors are given the opportunity to drive vintage WWII tanks.

Markets of Interest: San Diego, Bryan-College Station

EPISODE 543**6-19-27**

Everyday Heroes pays a visit to the Rocky Mountains for a moving story on Rosie's Ranch, a place of equine therapy for children with and without Special Needs.

Markets of Interest: Denver

EPISODE 544**6-26-27**

Inspirational figures from across America is the theme of this week's show.

Markets of Interest:

EPISODE 545**7-3-27**

The 4th of July Special will take a historical look at this special holiday along with a behind the scenes look at how the American Flag is made.

Markets of Interest: Washington D.C., Philadelphia, Dallas-Ft. Worth

EPISODE 546**7-10-27**

July is Disability Pride Month and we're featuring Charlie Cooper, our nation's top junior wheelchair tennis player. His wins at the US Open and Australian Open have given him a platform to help and inspire others who were born with spina bifida.

Markets of Interest: Palm Springs, California

EPISODE 547**7-17-27**

Inspirational figures from across America is the theme of this week's show.

Markets of Interest:

EPISODE 548**7-24-27**

In this Episode Everyday Heroes features the remarkable story of Ian Gleason, a man who has overcome his own difficulties to teach those who are disabled to conquer their fears through rock climbing.

Markets of Interest: Charleston, SC

EPISODE 549**7-31-27**

We close out the month of July with a retrospective look at the achievements of heroic citizens from across our country.

Markets of Interest:

EPISODE 550**8-7-27**

In this Episode we pay tribute to the 85th anniversary of the Women's Air Service Program and explore the contributions of the first women pilots in the Air Force during WWII.

Markets of Interest:**EPISODE 551****8-15-27**

Everyday Heroes features a compilation of the best of American Pride and ingenuity in this week's episode.

Markets of Interest:**EPISODE 552****8-22-27**

In the season finale we'll be in Los Angeles, California for the story of Dec My Dorm - a non-profit that helps Foster Children make the transition from High School to College.

Markets of Interest: Los Angeles