

Everyday Heroes Season 4 2025-2026 Broadcast Schedule

Feed Date (Thursdays)	Episode Number	Broadcast Window Friday - Wednesdays
8/28/25	401	8/29/25
9/4/25	402	9/5/25
9/11/25	403	9/12/25
9/18/25	404	9/19/25
9/25/25	405	9/26/25
10/2/25	406	10/3/25
10/9/25	407	10/10/25
10/16/25	408	10/17/25
10/23/25	409	10/24/25
10/30/25	410	10/31/25
11/6/25	411	11/7/25
11/13/25	412	11/14/25
11/20/25	413	11/21/25
11/27/25	414	11/28/25
12/4/25	415	12/5/25
12/11/25	416	12/12/25
12/18/25	417	12/19/25
12/25/25	418	12/26/25
1/1/26	419	1/2/26
1/8/26	420	1/9/26
1/15/26	421	1/16/26
1/22/26	422	1/23/26
1/29/26	423	1/30/26
2/5/26	424	2/6/26
2/12/26	425	2/13/26
2/19/26	426	2/20/26
2/26/26	427	2/27/26
3/5/26	428	3/6/26
3/12/26	429	3/13/26
3/19/26	430	3/20/26
3/26/26	431	3/27/26
4/2/26	432	4/3/26
4/9/26	433	4/10/26
4/16/26	434	4/17/26
4/23/26	435	4/24/26
4/30/26	436	5/1/26
5/7/26	437	5/8/26
5/14/26	438	5/15/26
5/21/26	439	5/22/26
5/28/26	440	5/29/26

6/4/26	441	6/5/26
6/11/26	442	6/12/26
6/18/26	443	6/19/26
6/25/26	444	6/26/26
7/2/26	445	7/3/26
7/9/26	446	7/10/26
7/16/26	447	7/17/26
7/23/26	448	7/24/26
7/30/26	449	7/31/26
8/6/26	450	8/7/26
8/13/26	451	8/14/26
8/20/26	452	8/21/26