

**WHAT'S NEXT!**  
**EPISODE DESCRIPTIONS: 0001-0006**

**EPISODE 0001**

**06-05-21**

Inspiring stories to help you find your “What’s Next!” It’s never too late to learn. Charmaine Gilbreath pursued her passion and found a second career in her 60s. Sam McDowell was kicked out of MLB and made a career of making sure others stay in the game. Bill Booth made skydiving accessible for all and is still jumping in his 70s.

**EPISODE 0002**

**06-12-21**

Meet Colleen Gonzalez: a mom who saw a need and made exercise accessible for thousands of kids in Florida. Ready for a new hobby? Being in your 60, 70s or 80s doesn’t have to keep you grounded – “What’s Next!” takes you to the Senior Soaring Championships.

**EPISODE 0003**

**06-19-21**

Tonja Anderson-Dell is ensuring the military live up to their ‘no soldier left behind policy.’ Sharon Strickland is an example of growing trend: grandparents raising, in her case, great grandchildren. Dr. James Smith joins the ‘What’s Next!’ panel and relates how he pivoted his business online during the pandemic.

**EPISODE 0004**

**06-26-21**

Relationships! Whether it’s starting them, stopping them or staying in them, it’s challenging, even without a pandemic. The “What’s Next!” team discusses how to navigate the highs, lows and in-betweens of our many connections.

**EPISODE 0005**

**07-03-21**

The importance of Artistic Expression. At 98, Harold Garde has been creating art for seven decades..and he’s still at it! Suzy Toronto took a chance and found her “What’s Next,” turning her doodles into a world-wide business and 30 books.

**EPISODE 0006**

**07-10-21**

Explore the wide world of gaming with the “What’s Next!” team. We’re taking you behind the scenes for an inside look at Growing Bolder’s historic video game tournament that broke the global age barrier. Plus, the benefits that gaming has on mental health and how the streaming platform “Twitch” can bring you closer to family and friends.